

UNCOMFORTABLE CONVERSATIONS WITH A BLACK MAN

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RECOMMENDATIONS

HERE ARE ALL my favorite recommendations from throughout the book (and a few more).

Read

BOOKS

- Theodore W. Allen, *The Invention of the White Race*
- Carol Anderson, *White Rage: The Unspoken Truth of Our Racial Divide*
- Jabari Asim, *The N Word: Who Can Say It, Who Shouldn't, and Why*
- James Baldwin, *The Fire Next Time*
- Eduardo Bonilla-Silva, *Racism Without Racists*
- Mahogany Browne, *Woke Baby*
- Robin DiAngelo, *White Fragility*
- Karen E. Fields and Barbara J. Fields, *Racecraft: The Soul of Inequality in American Life*

- Noel Ignatiev, *How the Irish Became White*
- Ibram X. Kendi, *How to Be an Antiracist*
- Ibram X. Kendi and Jason Reynolds, *Stamped: Racism, Antiracism, and You*
- Toni Morrison, *The Bluest Eye*
- Khalil Gibran Muhammad, *The Condemnation of Blackness: Race, Crime, and the Making of Modern Urban America*
- Dorothy Roberts, *Fatal Invention: How Science, Politics, and Big Business Re-Crete Race in the Twenty-First Century*
- Cornell West, *Race Matters*
- Richard Wright, *Native Son*
- Malcolm X and Alex Haley, *The Autobiography of Malcolm X*

ESSAYS

- David Bradley, “Eulogy for Nigger”
- Jonathan Chait, “Is the Anti-Racism Training Industry Just Peddling White Supremacy?”
- Ta-Nehisi Coates, “The Case for Reparations”
- David Goodman Croly and George Wakeman, *Miscegenation: The Theory of the Blending of the Races, Applied to the American White Man and Negro*
- Langston Hughes, “The Negro and the Racial Mountain”

Recommendations

- Frances E. Kendall, “How to Be an Ally If You Are a Person with Privilege”
- Kee Malesky, “The Journey From ‘Colored’ to ‘Minorities’ to ‘People of Color’”
- Rachel Miller, “How to Talk to Relatives Who Care More About Looting Than Black Lives”
- Corinne Shutack, “100 Things White People Can Do for Racial Justice”
- Tom Smith, “Changing Racial Labels: From ‘Colored’ to ‘Negro’ to ‘Black’ to ‘African American’”

REPORTS

- Otto Kerner et al., *The Kerner Report*
- Daniel Patrick Moynihan, *The Moynihan Report*

Watch

- Ava DuVernay, *When They See Us*
- Sam Green and Bill Siegel, *The Weather Underground*
- The Hughes Brothers, *Menace II Society*
- Barry Jenkins, *If Beale Street Could Talk*
- Loki Mulholland, *Black, White & Us*
- Jason Osder, *Let the Fire Burn*
- Raoul Peck, *I Am Not Your Negro*
- John Singleton, *Boyz n the Hood*
- Bryan Tucker, *Closure*

Recommendations

Listen

PODCAST

- *Code Switch*
- *Therapy for Black Girls*
- *Therapy for Black Men*

MUSIC

- Keedron Bryant, “I Just Wanna Live”
- Jay-Z, “The Story of O.J.”
- Lupe Fiasco, “Chopper”
- Public Enemy, *It Takes a Nation of Millions to Hold Us Back*

Search

- To find out about mail-in voting in your state: www.usa.gov/absentee-voting
- Polling stations in your state or community: www.vote.org/polling-place-locator/
- League of Women Voters: www.lwv.org
- NAACP: www.naacp.org
- Big Brothers Big Sisters: www.bbbs.org
- National Mentoring Resource Center: www.nationalmentoringresourcecenter.org
- The Marshall Project: themarshallproject.org

Recommendations

- Mashup Americans: www.mashupamericans.com
- Black Lives Matter: www.blacklivesmatter.com
- National directory of bail funds: www.communityjusticeexchange.org/nbfn-directory
- Body cameras: www.ncsl.org/research/civil-and-criminal-justice/body-worn-cameras-interactive-graphic.aspx
- Racial Equity Tools: www.racialequitytools.org
- Anti-Defamation League: www.adl.org
- United Nations: www.un.org

Do

- Speak up if you see a black person being harassed in a public space.
- Patronize black-owned bookstores in your area. You can find a list of them at aalbc.com
- Take an implicit bias test. If in doubt about which one, try this one by Harvard: (<https://implicit.harvard.edu/implicit/takeatest.html>)
- Visit the National Museum of African American History and Culture in Washington, D.C.
- Visit the Equal Justice Initiative's National Memorial for Peace and Justice (informally known as the National Lynching Memorial) in Montgomery, Alabama.
- Schedule a meeting with the diversity and inclusion officer at your job; find out about their initiatives, and ask how you might assist. If you don't have a dedicated

Recommendations

officer, schedule a meeting with your manager or executive to inquire about the company's diversity and inclusion objectives.

- Join a gym in a predominately black neighborhood. I suggest asking for as many guest passes as you can to start, and if you are comfortable after several visits, try obtaining a month-to-month membership. It's a great way to meet black people.
- Volunteer at your local food bank.
- Take an ethnic cooking class. It's a great way to learn about another culture.
- Explore courses in black (or African American) studies, history, and/or literature at local colleges or universities.
- Sign up for a seminar in anti-racist training.
- Have some uncomfortable conversations!

Recommendations

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15: BREAKING THE HUDDLE

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